# ALUMNe News

# **March 2020**

# **Alumni Stories**



The Gap Year: On Being the Only One Who Hasn't Moved an Inch Taking a gap year can be an incredibly rewarding yet nerve-wracking experience. A gap year isn't about taking a year-long holiday. It's what you do with that time that counts. <u>More</u>>>



## Always Proud To Be an Eagle

I was traveling to Thailand with my company for a holiday retreat. At the airport I noticed an individual wearing a red Eagles collared shirt who was also carrying the famed red athletics duffel bag (ours was blue when I was at Singapore American School). I said to my girlfriend, "I bet that's an SAS student!" I was unsure as to why a

student-athlete in full SAS formal travel wear would be traveling alone—we always traveled as a team—we are Eagles, and we fly together. <u>More</u>>>

## **Alumni Gatherings: Mark Your Calendars!**



SAS is Coming to DC, Boston, and New York City This Spring! <u>Sunday, March 29 at 11:00 a.m. in Washington, DC:</u> Come join us on a walking food tour in historic Georgetown for brunch. <u>Tuesday, March 31 at 6:30 p.m. in Boston:</u> It's been years since we've held an alumni event in Boston, so spread the word about the SAS happy hour at Back Bay Social. Thursday, April 2 at 6:20 p.m. in New York City: Enjoy food and drinke

Thursday, April 2 at 6:30 p.m. in New York City: Enjoy food and drinks

at Laut Singapura, a new Singaporean restaurant in Gramercy/Flatiron. Mark your calendars for these fun and exciting events! Please <u>RSVP</u> as soon as possible.



#### Class of 2010: It's Your Tenth Reunion!

Ten years have flown by and the time has come to reunite for your tenth reunion! Mark your calendars to come together in Singapore on the weekend of September 5-6, which is Labor Day weekend in the U.S. Activities will be planned around the island and on campus. For

more information, check out the <u>Facebook event page</u>. If you have any questions, please reach out to James Fan at <u>jameschfan@gmail.com</u>.



#### Alumni Reunion in Charleston, SC This Summer

Lauren Kuhbander Thomas (Class of 1989) is organizing an alumni gathering in Charleston, SC this summer. Mark your calendars for the weekend of July 17-19. Although SAS is not officially planning this event, we want to spread the word and encourage interested alumni to

reach out to Lauren for more information via <u>Facebook</u> or by emailing Lauren at Ikuhbander@yahoo.com.



## Are You or Your Classmates Planning an SAS Reunion?

SAS's Office of Alumni Relations would love to help spread the word and send some SAS merchandise for your event! We've created an event planning guide and checklist to assist youin your planning. Click <u>here</u> for more information. Please send an email to <u>alumni@sas.edu.sg</u> with details on your event.

## **Alumni Gatherings Recap**



#### October 2019 Reunion in San Antonio, TX

In early October, over 100 alumni and guests came together for an SAS reunion in San Antonio, TX. SAS alumni from class years 1977 to 1983 attended as did alumni from other IASAS schools. Steve Studebaker (Class of 1982) came from as far away as Shandong, China and former PE teacher Mrs. Sharbanee came from Australia

with her husband. Katy Hayes Jordan (Class of 1979) and Ginger McKenzie (Class of 1980) went above and beyond to plan this amazing weekend. Highlights included an 80's theme party with full buffet, cocktails, DJ, and, dancing. Old photos, Singapore memorabilia, and giveaways were enjoyed by all.



## Annual December Singapore Happy Hour

Over 100 alumni, former faculty/staff, former parents, and current faculty/staff gathered together at 1880 in Robertson Quay in mid-December to celebrate the holidays. See photos <u>here.</u>

## **Parent Resources**



## **Destructive Perfectionism**

Perfectionism is sometimes viewed as a positive personality trait that increases a person's likelihood of success; however, perfectionism, when accompanied by self-defeating cognitive distortions and corresponding maladaptive behaviors, actually makes it more difficult to achieve goals. <u>More</u>>>

## Alumni Magazine



## Class of 1980: We want to hear from you!

This year marks the 40 year anniversary of graduation for the Class of 1980. Do you have photos or stories of your time at SAS or

in Singapore to share with the alumni office for the alumni magazine?

Do you have an update on your career? News about your marriage, birth of a child, or an update on your life that you would like to share for social media or our alumni magazine? If so, we'd love to hear from you. We are interested in hearing your career stories, stories of adventure, or connections you've made with other SAS alumni.

Please reach out to Beth Toole at btoole@sas.edu.sg with any feedback or input.



### Interim in Jordan in 2010

Ian Coppell and Mark Clemens led 20 students on a trip to Jordan where they crossed the desert on camel-back, enjoyed the Dead Sea, and ate lots of hummus.



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